



Weekly Menu & Nutrition Information

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Du Jour	♥ Ministrone	Texas Chili	Chefs Choice	Chicken Tortilla	Chef Choice
Entree	Meat Lasagna	BBQ Ribs & Sausage	Skillet Lemon Chicken & Artichokes	Chicken Enchiladas	Chef Choice
<i>Nutrition Information</i>	Cal:270 - Fat:8g - Sat Fat:4g - Prot:17g	Cal:580 - Fat:27g - Sat Fat:12g - Prot:24g	Cal:390 - Fat:14g - Sat Fat:4g - Prot:48g	Cal: 624 - Fat:22g - Sat Fat:5.5g - Prot:40g	
Vegetarian Entree	♥ Truffle Wild Mushroom Risotto	♥ Vegetarian Frito Pie	♥ Pesto Ganocchi Primavera	Veggie Enchiladas	Chef Choice
<i>Nutrition Information</i>	Cal:271 - Fat:9.2g - Sat Fat:5.2g - Prot:7.5g	Cal:250 - Fat:17g - Sat Fat:5g - Prot:16g	Cal:410 - Fat:18g - Sat Fat:4.5g - Prot:12g	Cal:356 - Fat:13g - Sat Fat:5g - Prot:14.7g	
Grilled Special	Grilled Ruben On Rye	Grilled Ruben On Rye	♥ Greek Turkey Burger	♥ Greek Turkey Burger	Chili Cheese Dogs
<i>Nutrition Information</i>	Cal:525 - Fat:23g - Sat Fat:10g - Prot:11g	Cal:525 - Fat:23g - Sat Fat:10g - Prot:11g	Cal:426 - Fat:21g - Sat Fat:5g - Prot:43g	Cal:426 - Fat:21g - Sat Fat:5g - Prot:43g	Cal:400 - Fat:23g - Sat Fat:9g - Prot:15g

♥ Healthy Options ♥

Nutritional Information is based on standard recipes and may vary.
Please Consult with one of our staff if you have a food allergies or dietary restrictions.

