



Weekly Menu and Nutrition Information



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup Du Jour	♥ Tomato Bisques	Chicken Noodle	Chefs Choice	Chicken Fiesta	Chefs Choice
Entrée	Orange Chicken	BBQ Beef Brisket	Fried Chicken Quarters	Chicken Enchilada's	Chefs Choice
<i>Nutrition Information</i>	Cal. 490 Fat-23g-Sat Fat-7g-Protien 25g	Cal. 575-Fat-31g-Sat Fat-11g-Protien-35g	Cal. 650-Fat-35g-Sat. Fat-10g-Protien-29g	(2)Cal. 624-Fat-22g-Sat. Fat-9g Protein 38g	
Vegetarian Entrée	♥ Coconut Tofu	Lentil Stuffed ♥ Peppers	Vegetarian Frito Pie	Vegetable Enchilada	Chefs Choice
<i>Nutrition Information</i>	Cal. 220 Fat-14-Sat. Fat-5g-Protien-8g	Cal. 339-Fat-4g Sat. Fat-2g Protien-11g	Cal. 250-Fat 17g-Sat. Fat-5g-Protien-16g	(2)Cal. 356-Fat-13g-Sat. Fat-5g Protien-14.7g	
Grill Special	Fried Buffalo Chicken Sandwich	Fried Buffalo Chicken Sandwich	Big Beef Burrito	Big Beef Burrito	Chili Cheese Dogs
<i>Nutrition Information</i>	Cal.440-Fat-19g-Sat Fat-4g- Protien-27g	Cal.440-Fat-19g-Sat Fat-4g- Protien-27g	Cal.650-Fat-32-Sat.Fat-15-g-Protien-40g	Cal.650-Fat-32-Sat.Fat-15-g-Protien-40g	

Nutritional information is based on standardized recipes and may vary. Please

consult with one of our staff if you have food allergies or dietary restrictions.



Healthy Options



