



Weekly Menu and Nutrition Information



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup Du Jour	 Tomato Bisques	Chicken Noodle	Chefs Choice	Chicken Fiesta	Chefs Choice
Entrée	Orange Chicken Cal. 490 Fat-23g-Sat Fat-7g-Protien 25g	BBQ Beef Brisket Cal. 575-Fat-31g-Sat Fat-11g-Protien-35g	Chicken Parmesan Cal. 750-Fat-17g-Sat. Fat-4.5g-Protien-42g	Chicken Enchilada's (2)Cal. 624-Fat-22g-Sat. Fat- 9g Protein 38g	Chefs Choice
<i>Nutrition Information</i>					
Vegetarian Entrée	 Coconut Tofu Cal. 220 Fat-14-Sat. Fat-5g-Protien-8g	 Lentil Stuffed Peppers Cal. 339-Fat-4g Sat. Fat-2g Protien-11g	Vegetarian Frito Pie Cal. 250-Fat 17g-Sat. Fat-5g-Protien-16g	Vegetable Enchilada (2)Cal. 356-Fat-13g-Sat. Fat- 5g Protien-14.7g	Chefs Choice
<i>Nutrition Information</i>					
Grill Special	Korean Pork Tacos Cal.399-Fat-15g-Sat Fat-4g- Protien-41g	Korean Pork Tacos Cal.399-Fat-15g-Sat Fat-4g- Protien-41g	Grilled Reuben on Rye Cal.525-Fat-23-Sat.Fat-10g Protien-15g	Grilled Reuben on Rye Cal.525-Fat-23-Sat.Fat-10g Protien-15g	Chili Cheese Dogs
<i>Nutrition Information</i>					

Nutritional information is based on standardized recipes and may vary. Please

consult with one of our staff if you have food allergies or dietary restrictions.



Healthy Options



