



Weekly Menu and Nutrition Information



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast Special</i>	<i>Build Your Own Avocado Toast</i>	<i>Chilaquiles Fajita Red or Green Sauce 2 Eggs</i>	<i>French Toast w/Berry Compote & Espresso Syrup</i>	<i>Longhorn Slam 2 Eggs, Bacon or Sausage, Home Fries, 9 Grain Toast</i>	<i>Chef's Chouce</i>
<i>Taco Special</i>	<i>Chorizo</i>	<i>Carne Guisada</i>	<i>Sausage & Peppers</i>	<i>Chicharon</i>	<i>Barbacoa</i>
<i>Soup Du Jour</i>	<i>Italian Wedding Corn Poblano Chowder</i>	<i>Italian Wedding Corn Poblano Chowder</i>	<i>Bacon Garden Vegetable Orzo</i>	<i>Chicken Tortilla Veggie Tortilla</i>	<i>Chefs Choice</i>
<i>Entrée</i>	<i>Pesto Penne Chicken Bake</i>	<i>BBQ Day Chicken & Ribs</i>	<i>Smothered Pork Chop</i>	<i>Chicken Enchilada's</i>	<i>Chefs Choice</i>
<i>Nutrition Information</i>	<i>Cal. 750-Fat-17g-Sat Fat-4.5g-Protien 42g</i>	<i>Cal. 750-Fat-22g-Sat Fat-7.5g-Protien-33g</i>	<i>Cal. 645-Fat-19g-Sat. Fat-8g-Protien-21g</i>	<i>(Each)Cal. 231-Fat-15g-Sat. Fat-8g Protien-13g</i>	<i>Chefs Choice</i>
<i>Vegetarian Entrée</i>	<i>Primavera Penne Pesto Bake</i>	<i>BBQ Burnt Ends (v)</i>	<i>Pasta Alfredo w/Spring Vegetables</i>	<i>Vegetable Enchilada</i>	<i>Chefs Choice</i>
<i>Nutrition Information</i>	<i>Cal. 420 Fat-4 -Sat. Fat-3g-Protien-22.5g</i>	<i>Cal. 590-Fat-16g Sat. Fat-13g Protien-17g</i>	<i>Cal. 220-Fat 14g-Sat. Fat-3g-Protien-8g</i>	<i>(Each)Cal. 154-Fat-6g-Sat. Fat-2g Protien-5g</i>	<i>Chefs Choice</i>
<i>Nutritional information is based on standardized recipes and may vary. Please</i>					
<i>consult with one of our staff if you have food allergies or dietary restrictions.</i>					